

# Tempura Seafood Sticks



Packed: 5 x 1kg (15/kg)  
Size: 67gm  
Code: TEMP30  
Inner Barcode: 9317562002405  
Outer Barcode: 19317562002402

Cooking Type:



## Description

- Premium quality Seafood Sticks coated in a delicious tempura batter.
- Suitable for Takeaway Shops, Fish & Chip Shops & Chicken Shops
- Portion controlled for convenience.

## Nutritional Information

Servings per package: 16

Serving size: 1 piece (62g)

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	530kj (126Kcal)	855kj (203Kcal)
<b>Protein</b>	3.3g	5.3g
<b>Fat, total</b>	3.8g	6.1g
– saturated	0.5g	0.8g
<b>Carbohydrate</b>	19.3g	31.1g
– sugars	3.5g	5.7g
<b>Sodium</b>	240mg	387mg

## Cooking

- Deep-fry from frozen at 180°C for approximately 4-4.5 minutes.
- Oven-bake from frozen at 200°C for 18 minutes, turning once at 9 minutes.

## Ingredients

Threadfin Bream (**fish**) (25%), water, **wheat** flour, starch (**wheat**, potato, tapioca), **soybean** oil, sugar, rice flour, salt, modified starch (tapioca, corn), crab flavour & extract (**crustacean**), corn flour, **egg** white powder, leavening(E450i, E500ii), refined palm oil, flavour enhancer (E621), yeast extract, whey powder (**milk**), xanthan gum (E415), guar gum(E412), edible glucose, dry yeast, polyphosphate (E450, E451), red colour (E120, E160c).

## Allergen Advice

**Contains: fish, wheat, gluten, soybean, crustacean, egg, milk.**

**May be present: molluscs, tree nuts, sesame.**