



## MAGGI Bechamel Sauce Mix. 2kg

MAGGI Bechamel Sauce Mix makes a wonderfully rich and delicately flavoured white sauce base. Simple to prepare, it's the perfect accompaniment for fish, vegetables and pasta dishes.

Endorsed by Coeliac Australia & NZ  
GLUTEN FREE

Gluten free

### From Professional to Professional

#### Good to Know

This quick and easy sauce mix is made with iodised salt and is gluten free, giving your menu greater versatility for those with specific dietary needs.

#### Baine-marie stable

Held covered for no more than 4 hours.

#### Freeze Thaw Stable

Thawed under 0-5°C chilled conditions.

Made with Iodised Salt

#### Cook Chill Stable

When prepared as per directions, chilled <5°C, then reheated on stove top.  
Consumed within 3 days of production.

# Use & Storage

## Preparation Instructions

### Combine

Using the serving quantities table as a guide, combine the sauce mix with milk and stir until free from lumps.

### Stir

Bring water to the boil, stir in the sauce slurry.

### Simmer

Return to the boil, stir, simmer for 2 minutes, stirring occasionally.

## SERVING QUANTITIES

Cold Water (L)	Milk (L)	Sauce Mix	Sauce (approx L)
0.5	0.5	100g	1
1.0	1.0	200g	2
2.5	2.5	500g	5
5.0	5.0	1kg	10
7.5	7.5	1.5kg	15
10.0	10.0	Full Tub	20

## Ingredients

**Ingredients:** Modified Starch (1442), Skim **Milk** Powder, Maltodextrin (From Corn), Rice Flour, Iodised Salt, Modified Starch (1422), Creamer [Glucose Syrup, Vegetable Fat, **Milk** Protein, Stabilisers (331, 340), Anti Caking Agent (551)], Sugar, Food Acid (330), Vegetable Gums (412, 415), Flavour Enhancer (635), Yeast Extract, Flavour, White Pepper, Cheese Powder (Contains **Milk**), Colour (160a).

**Contains Milk.**

**May contain Celery, Mustard, Soy and Sulphites.**

Blended in New Zealand from Imported and Local ingredients		
Allergen Name	Formulated Into Product	Via Cross Contact
Milk and milk products	✓	
Mustard and Mustard Products		✓
Soy and soy products		✓
Sulphites - Added >10 mg/kg		✓
Celery and Celery Products		✓



# Nutritional Value

MAGGI Bechamel Sauce Mix					
Servings Per Pack: 400 Serving Size: 50ml (5g Powder)	Blank	Average Quantity Per 100g (Powder)	Average Quantity 50mL Serve As Prepared*	Blank	Average Quantity 100mL As Prepared*
Energy		1380 kJ	140 kJ		280 kJ
Protein		7.6 g	1.3 g		2.5 g
Fat-total		2.3 g	1.0 g		2.0 g
- Saturated		1.3 g	0.6 g		1.3 g
Carbohydrate		67.9 g	4.9 g		9.8 g
- Sugars		15.1 g	2.3 g		4.6 g
Sodium		4480 mg	230 mg		470 mg
Gluten		NOT DETECTED mg	NOT DETECTED mg		NOT DETECTED mg
		%RDI**			
Potassium		60 mg	40 mg		80 mg
*When prepared in accordance with preparation directions, using whole milk.					

