



Nutrition		
Servings Per Package: 50 Serving Size: 60g #		
	Ave. Quantity Per Serving	Ave. Quantity Per 100g
Energy	271kJ	452KJ
Protein	1.9g	3.1g
Fat, Total	0.5g	0.9g
- Saturated	0.1g	0.2g
Carbohydrate	11.9g	19.9g
- Sugars	1.6g	2.6g
Dietary Fibre	2.1g	3.5g
Sodium	4.8mg	8.0mg
< Means Less Than		

Ingredients
Sweet corn.



Supersweet Corn Cobettes 55mm

Supersweet and juicy corn cobettes with individual foil serving bags. Each carton contains 50 cobettes.

Product Specification		Shipping Information	
SKU	42709	Length	381 MM
Brand	Edgell®	Width	286 MM
Gross Wt	5.2KG	Height	154 MM
Net Wt	4.5KG	Shelf Life	720 days
Vegetarian	Y		
Halal Certified	Y		
Vegan	Y		

Please Note: Due to formulation changes, specification information on product packaging is most current.

Preparation Instructions For Food Safety and Quality		
Method Type	Time	Temperature
Steamer Place frozen corn in a single layer onto a perforated tray and steam for 10-12 minutes or until tender. Stove Top: 100°C, 8 minutes, Add frozen corn to boiling water and return to boil. Reduce heat and simmer for 8 minutes or until tender.		
	10-12 minutes	100°C

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