



Nutrition		
Servings Per Package: 26.6 Serving Size: 75g		
	Ave. Quantity Per Serving	Ave. Quantity Per 100g
Energy	173kJ	231KJ
Protein	2.0g	2.6g
Fat, Total	0.6g	0.7g
- Saturated	<0.1g	<0.1g
Carbohydrate	5.7g	7.6g
- Sugars	2.3g	3.1g
Dietary Fibre	2.9g	3.8g
Sodium	16.0mg	21.0mg
< Means Less Than		

Ingredients
Carrot, sweet corn, broccoli, beans.



Buffet Vegetable Mix

A premium buffet style vegetable mix with bias cut carrots, mini corn cobs, broccoli florets and whole beans.

Product Specification		Shipping Information	
SKU	42185	Length	379 MM
Pack Size	6 x 2kg	Width	281 MM
Brand	Edgell®	Height	290 MM
Gross Wt	12.68KG	Shelf Life	720 days
Net Wt	12KG		
Vegetarian	Y		
Halal Certified	Y		
Vegan	Y		
Please Note: Due to formulation changes, specification information on product packaging is most current.			

Preparation Instructions For Food Safety and Quality		
Method Type	Time	Temperature
Steamer Place frozen vegetables in a single layer onto a perforated tray and steam for 8 minutes or until tender.	8 minutes	100°C
Stove Top / Sauté Add 200g of frozen vegetables to boiling water and return to boil. Simmer for 4 minutes or until tender.	4 minutes	100°C
Microwave Place 200g of frozen vegetables into a microwave-safe dish, cover, and microwave on high for 4 minutes.	4 minutes	High